

Contact Dermatitis in Aged & Healthcare

Elyptol skincare solution in relieving Contact Dermatitis

The Problem

Irritant contact dermatitis is extremely common among nurses, ranging in prevalence surveys from 25% to 55%, and as many as 85% relate a history of having skin problems. Frequent and repeated use of harsh hand hygiene products, particularly soaps, detergents and other facility chemical cleaners/ disinfectants, are important causes of both irritant and allergic contact dermatitis resulting in occupational skin disease (OSD) among health care workers.



What is dermatitis and what causes it?

There are 2 types of contact dermatitis:

- 1) **Allergic contact dermatitis (ACD)** — this is caused by an allergen (a trigger). Each time you come into contact with the allergen, the skin gets inflamed.
- 2) **Irritant contact dermatitis (ICD)** — this is when your skin gets inflamed when it's exposed to an irritant usually for a long period of time. Irritant contact dermatitis is more commonly reported with iodophors. Other antiseptic agents that may cause ICD, in order of decreasing frequency, include chlorhexidine, chloroxylenol, triclosan, and poorly formulated alcohol-based products.

There are thousands of known skin allergens and irritants.

Economic and Social Impact

Occupational skin disease (OSD) is a skin condition caused by work-related exposures. It occurs in workers who are exposed to irritating or allergenic substances or specific physical factors in the workplace. Recommendations are to try and eliminate or prevent exposure to these agents or conditions helping to reduce the occurrence or severity of OSD.

Assessing contact dermatitis with your staff

Do your staff suffer from red, blotchy and dry skin? Itching, soreness or burning?

IF YES...

The Solution - Elyptol's Skinsaver Sanitising Range

Elyptol's product range is designed specifically for healthcare workers and for frequent use, can be used over 100 times per day.

Elyptol's natural formula includes the essence of Eucalyptus oil, a component high in antioxidant properties that has been scientifically proven in independent studies, to help alleviate irritant action and relieve symptoms associated with allergic dermatitis*.



elyptol®

We Think Naturally™

<https://au.elyptol.com>

Read more: <https://au.elyptol.com/blogs/news/healthy-skin-protection-contact-dermatitis>

Sources: [WHO Guidelines](#) | [Safe Work Australia](#)

*additional references available upon request.